

The Seed of a Dream

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Rick and I at lunch a few years before we bought Mezzacello
This is my husband Rick in 2012. We were out to dinner and this flower was on the table and they were so cute. I think he had just told me that if he had a garden he could plant edible flowers and this was the seed of a dream.

How Mezzacello Was Conceived

Back then – 10 years ago! – we were living together in an apartment in downtown [Columbus](#), OH. Both of us dreamed about having a garden, and there was a [misunderstanding](#) about what a garden is.

Fast forward 10 years later and Rick and I are experimenting with flower varieties that have edible blooms. We use the following flowers as a food source at Mezzacello;

- Naturtium
- Hibiscus
- Dahlia
- Hosta
- Curcuma
- Squash
- Roses
- Lavender
- Chives
- Dandelion

I am very much amused that this memory came up this week. If you had asked me back the that Mezzacello would have existed I would have doubted it. If you asked me that we would be tirelessly experimental with food sources I would be surprised. And if you told me that I would be posting recipes for these flowers, well that would be a delight.

And it has been a delight.