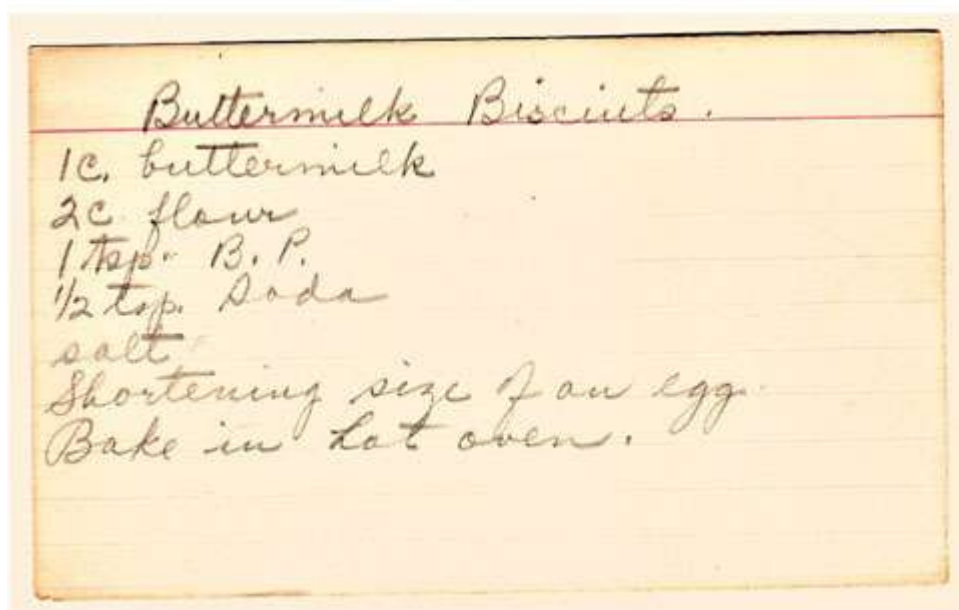


# The Foodist: Buttermilk Biscuits

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### Big Mom's Buttermilk Biscuit Recipe

Helen Riley made amazing biscuits! This is her mother's original recipe. We love this and you will too!

### INGREDIENTS

- 1 Cup buttermilk
- 2 Cups flour
- 1 Tsp baking powder
- 1/2 Tsp baking soda
- Salt to taste
- Shortening the size of an egg

### DIRECTIONS

1. Bake in a hot oven